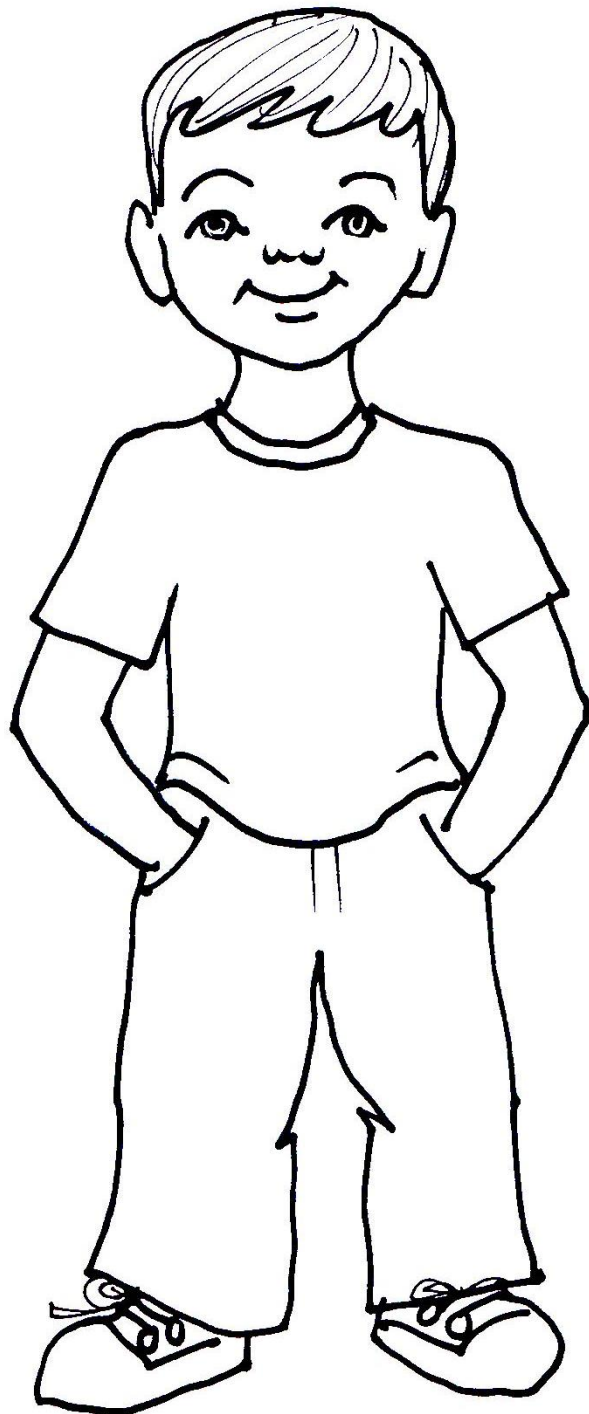


You Are A Special Person!

My Name is :



Note to Parents and Caregivers

The ISKCON Child Protection Office North America has modified this Safe Touch coloring book, originally created by OCRCC.org.

If you are interested in volunteering with or contributing to the programs we offer, please contact us at Info@SafeTemple.org or call: 1-352-575-0780.

You can visit www.SafeTemple.org for more information about child protection in North America.

ISKCONChildProtection.org has information about child protection in ISKCON worldwide.

Much gratitude goes to Madhavapriya devi dasi for creating the illustrations in this book.

January 2012

You are a special person!

You take care of yourself in many important ways.

You wear your seatbelt
when you ride in a car.

You brush your teeth
so you don't get cavities.



What are some other ways you take care of yourself ?

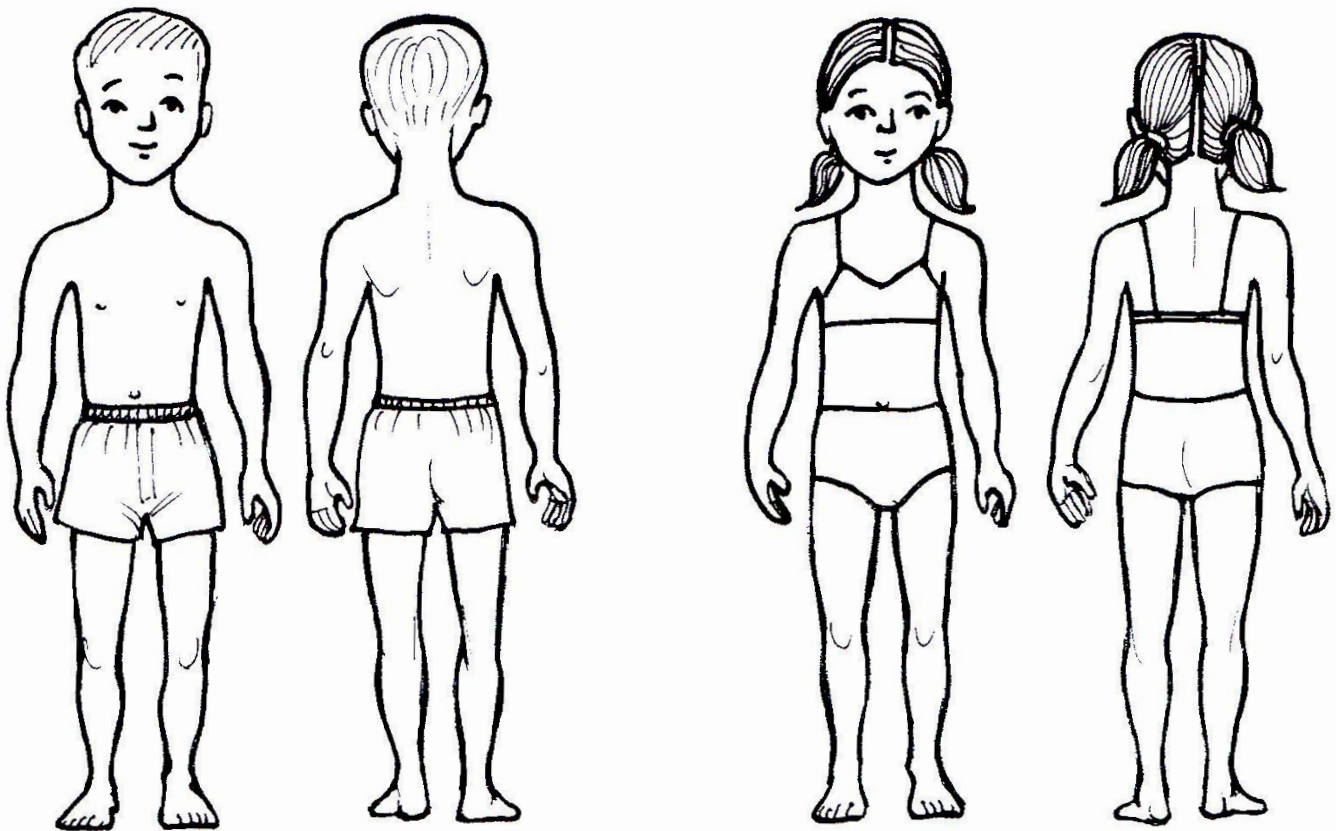
Do you use a special toothbrush when you brush your teeth?

Does it belong only to you? Something that belongs only to you and that you do not have to share is called private. Your toothbrush is private because you do not share it with anyone else.

Your body has private parts.

These are the parts of your body that are covered up by your swimsuit.

Your body belongs just to you and you do not have to share it!



Everyone likes to be touched in ways that feel good.
Good touches, like a hug or a kiss on the
cheek, make you feel happy and warm inside.



What are some touches that feel good to you ?

Some touches do not feel good.
Touches that hurt you or that you do not like are called
bad touches. Hitting and kicking can hurt and feel bad.
These are 2 types of bad touches.



What are some other kinds of bad touches ?

Sometimes, good touches can start to feel bad, like tickling that goes on for too long or hugs that are too tight.

Sometimes, tickling can be a lot of fun, but if someone tickles you for too long, then it does not feel good anymore.



Sometimes touches can be confusing and make you feel mixed up. You know you do not like them, but you may not know why.

Have you ever gotten an 'uh-oh' feeling in your stomach? This is your body telling you that something might be wrong.



Being touched in a way you do not like might feel bad or confusing, or give you an 'uh-oh' feeling. It is important to remember that your body belongs to you, and no one should touch your private parts or ask you to touch his or her private parts.

If you are touched in a way that you do not like, it is not your fault.

There are 3 things you can do:

1. Say “No!”

2. Get Away

3. Tell Someone



Say “No, do not do that!” loudly and clearly.
No matter who the person is, tell them to stop if they are touching you in a way you do not like.

GO!

Try to get away as fast as you can.

Go to a safe place where an adult that you trust can help you.



Tell!

Tell an adult that you trust what happened.
You should tell, even if you promised you would not tell.
Adults should not ask children to keep secrets.



Who are some adults that you could tell ?

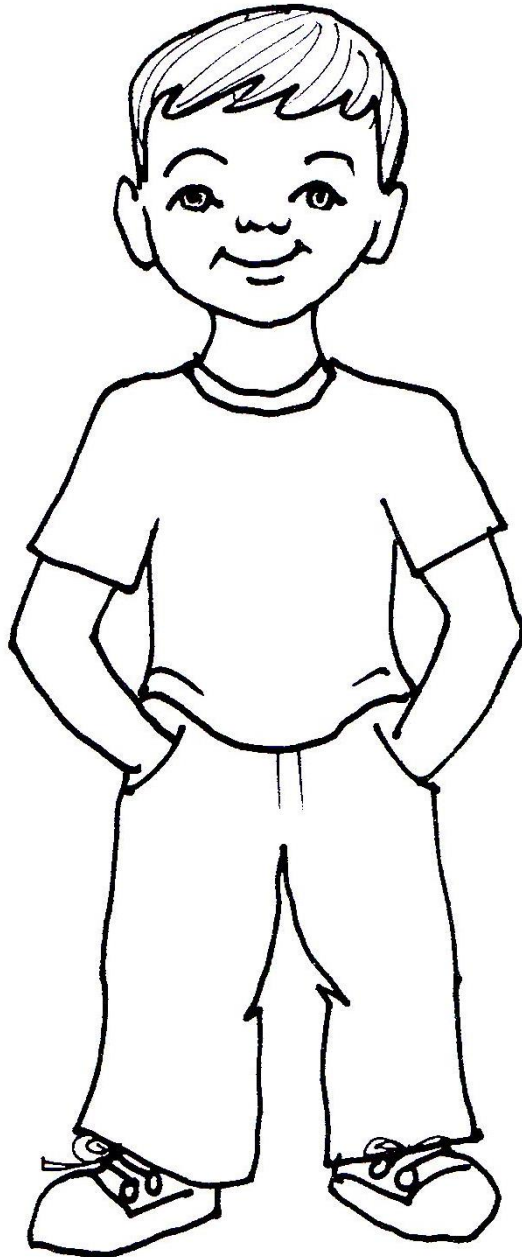
Remember:

1. Say "No!"
2. Get Away
3. Tell Someone

It is **NEVER** your fault if someone touches you
in a way that you do not like.

Learning the **NO-GO-TELL** rule is a good way for you
to take care of yourself, because....

You are a Special Person!



ISKCON Child Protection Office

The Child Protection Office (CPO) North America is a 501(c)(3) non-profit, serving the U.S. and Canada, a regional arm of the ISKCON International CPO established in 1998. We:

- ❖ Prevent and stop child abuse by empowering individuals through education
- ❖ Respond to concerns of child maltreatment in the US and Canada
- ❖ Act as a resource and guidance center for child abuse concerns
- ❖ Help management implement ISKCON child protection policies
- ❖ Support Child Protection Volunteers in service to their local community and the work of the International CPO

Together we protect the children of Srila Prabhupada's Movement from abuse and neglect. By doing so, we strengthen the future of the Movement —the children—while providing an example to the world of a spiritual society that practices compassionate caring and protection.

Adults can support the Child Protection Office:

- Make a donation
- Volunteer
- Spread the Word - share CPO newsletters and social media posts

Ways to help protect children in your community:

- Further your understanding of the issues
- Report any concern that you have
- Educate your children on personal safety and well-being
- Become a Child Protection Volunteer in your community or offer support to those who are
- Encourage more open conversations about child protection education and awareness with those around you
- Engage your skill set in the service of child protection

All CPO services are free and confidential. For more information:

Child Protection Office – ISKCON North America

PO Box 1438 Alachua, FL 32616

1-352-575-0780

www.SafeTemple.org.